

Bridge Programme for Certificate in Community Health (BPCCH)

Foundations of Community Health

1. Introduction to Public Health and Epidemiology

- **Concepts Of Community Health**
- **Health Care Planning and Organisation of Health Care at Various Levels**
- **Environmental Health and Sanitation.**
- **Introduction to Epidemiology-Epidemiological Approaches and Possesses**
- **Demography, Surveillance, and Interpretation Of Data**
- **Bio-Medical Waste Management and Infection Control**

2. Nutrition

- **Introduction to Nutrition and Nutritional Assessment**
- **Nutrition During Pregnancy and Lactation**
- **Nutrition For Infant, Child, Adolescent, And Elderly**
- **Nutritional Deficiency Disorders**
- **Food Borne Diseases And Food Safety**

3. Communicable Diseases and Management Under National Health Programme

- **Epidemiology of Specific Communicable Diseases**
- **Communicable Diseases 1 – Vector Borne Diseases**
- **Communicable Diseases 2 – Infectious Diseases**
- **Communicable Diseases 3 – Zoonotic Diseases**

4. Non-Communicable Diseases and Management Under National Health Programme

- **Epidemiology of Specific Non-Communicable Diseases**
- **Non-Communicable Diseases-1**
- **Non-Communicable Diseases-2**
- **Occupational Diseases and their Prevention**
- **Mental Health and Substance Abuse Disorders**
- **Elderly Care**

5. Communication, Management and Supervision

- **Behaviour Change Communication Skills and other Soft Skills**
- **Work Management and Administration**
- **Leadership, Supervision, and Monitoring**
- **Health Management Information System**
- **Financial Management, Accounts, and Computing at Sub-Centre**
- **Records and Reports**

Primary Health Care in Common Conditions

1. Management of Common Conditions and Emergencies Including First Aid

- **Common Conditions-1- Gastro-Intestinal System**
- **Common Conditions-2- Respiratory System**
- **Common Conditions-3- Heart, Urinary System, and Blood Disorders**
- **Common Conditions-4- Eye, Ear, Nose, and Throat**
- **First Aid in Common Emergency Conditions**
- **Disaster Management**

<https://sarkarirecruitment.com/syllabus-government-private-jobs/>

2. Maternal Health

- **Introduction to Rmnch+A Programme**
- **Antenatal Care**
- **Intranasal Care**
- **Early Identification, Management, and Referral of Complications**
- **Postpartum Care**

3. Reproductive Health and Adolescent Health

- **Gynecological Conditions**
- **Family Planning Methods, Spacing Techniques, and Counselling**
- **Medical Abortion and MTP Act**
- **Counseling in Reproductive and Sexual Health Including Problems of Adolescents**
- **Management of Teenage Pregnancies**

4. Newborn and Child Health Care

- **Essential Care of New Born at Birth**
- **Management of Common Neonatal and Child Health Problems**
- **Integrated Management of Neonatal and Childhood Illness**
- **Introduction to Rashtriya bal Swasthya Karyakaram**
- **Universal Immunisation Programme (UIP)**

5. Overview of Common Surgical Conditions

- **Common Surgical Conditions-1**
- **Common Surgical Conditions-2**
- **Congenital Malformations**
- **Screening for Common Cancers**

6. Essential Drugs

- **Essential Drugs-1**
- **Essential Drugs-2**
- **Essential Drugs-3**